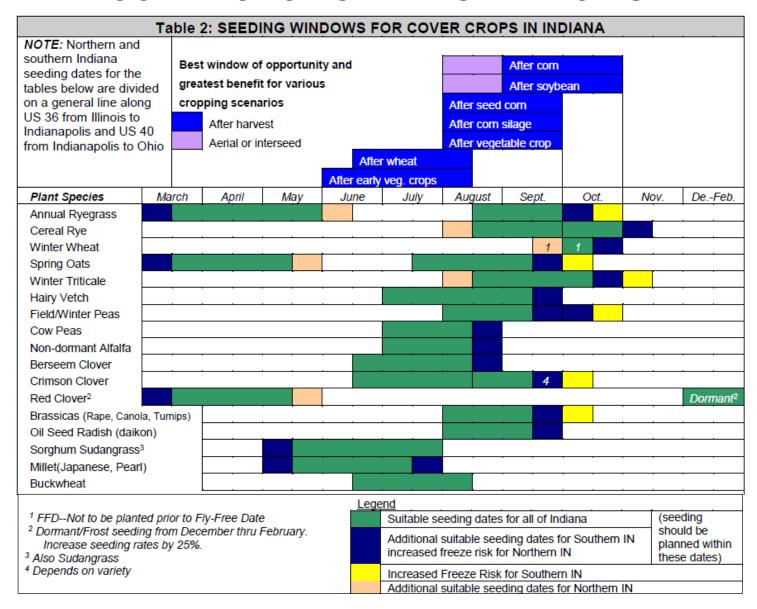
## **COVER CROP SEEDING WINDOWS**



Planting cover crops within their seasonal seeding windows promotes germination and growth. Planting earlier in the windows often encourages more plant vigor, which can lead to greater benefits in weed suppression and soil health.

The table above shows seeding windows for Indiana, sourced from the Natural Resources Conservation Service's Indiana Seeding Tool (October 2016). For additional insight into seeding windows, visit the Midwest Cover Crops Council Selector Tool.

