

Favorite Mixes

Cover Crop Mix	Rate (Oz/100 sq. ft.)	Strategies
Oats	4	Fall Planted Winterkill > Strip Furrow > Early Spring Seeded Vegetables
Cereal Rye	4	Fall Planted Spring Chop/Drop > Bush Beans
Oats Crimson Clover	1 1	Fall Planted Spring Chop/Drop > Strip Furrow > Early May Direct Seed Spring Chop/Drop > Early May Transplants
Oats Hairy Vetch	1 2	Fall Planted Spring Chop/Drop > Strip Furrow > May Direct Seed Spring Chop/Drop > May Transplants
Cereal Rye Hairy Vetch	1 2	Fall Planted Spring Chop/Drop > May Transplants *Direct seeding can be difficult with cereal rye biomass
Buckwheat	2	Summer Planted Early Vegetables > Buckwheat > Late Vegetables

Sample Rotations

<p>Fall Cereal Rye Spring (Chop/Drop) Bush Beans + Straw Fall (Aug/Sept) Oats + Hairy Vetch Spring (Chop/Drop + Strip Furrow) Sweet Corn Fall Cereal Rye Spring (Chop/Drop) Bush Beans + Straw</p>	<p>Fall Oats + Crimson Clover Spring (Chop/Drop) Peppers + Alfalfa hay Fall Oats Spring Lettuce + Spinach + Peas Late Spring Tomato + Alfalfa hay Fall Oats + Hairy Vetch</p>
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